

Orange County

Resource Guide

University of Central Florida

Health and Medical

Central Florida Family Health Center

407-322-8645

2000 N. Forsyth Rd. Orlando, FL 32807

www.cffhc.org

Services: Primary care, immunizations for children, lab tests on site, pharmacy on site, behavioral health services.

A sliding fee schedule is used based on the patient's income and size of family

Community Health Centers

All locations accept Medicaid, Medicaid Managed Care Plans and Medicare. A Sliding Discount Program is available for those meeting income guidelines.

<http://www.chcfl.org/>

Apopka

407-905-8827

Family and OB/GYN Care

225 E Seventh St Apopka, FL 32703

Dental Care

210 E Seventh St Apopka, FL 32703

Pediatric Care

618 Forest Ave Apopka, FL 32703

Bithlo

407-905-8827

Child and Adult Medical Care

19108 E Colonial Dr. Orlando, FL 32820

Services: Family medicine, well visits, immunizations, flu shots, physical lab, and EKG's available on site.

Lake Ellenor

407-905-8827

Pediatric Dental and Adult Emergency

6101 Lake Ellenor Dr. 106 Orlando, FL 32809

Services: Pediatric dental and emergency dental care (Friday's only).

Meadow Woods

407-905-8827 ext 6050

Children's Medical and Dental Care

849 Greenway Professional Ct. Orlando Florida 32824

Services: Pediatric medical/dental care, well visits, immunizations, flu shots, physical lab, and EKG's available on site.

Pine Hills

407-905-8827

Family, Pediatric, OB/GYN, and Pediatric Dental Care

1800 Mercy Dr. 2nd Floor Orlando FL 32808

Services: Family Medicine, Pediatrics, Obstetrics & Gynecology, Dental Care, Well Visits, Immunizations, Flu Shots, Physicals, Family Planning, Pharmacy, Lab, and EKG's available on site.

Winter Garden

407-905-8827

Child, Adult Medical, and Dental Care

13275 W Colonial Dr. Winter Garden, FL 34787

Services: Family Medicine, Pediatrics, Dental Care, Optometry, Pharmacy, Behavioral Health, Family Planning, Well Visits, Immunizations, Flu Shots, Physicals, X-ray, Lab and EKG's available on site.

Florida Hospital

Financial assistance available, Medicaid accepted

<https://www.floridahospital.com/east-orlando>

East Orlando

407-303-0500 (financial services)

7727 Lake Underhill Rd Orlando, Florida 32822

Services: Emergency Services and non-emergency services that require immediate attention or place the health of the individual in serious jeopardy.

Free or discounted for individuals who have no insurance or have expended their Medicaid assistance.

Primary Care Access Network

407-836-7226

Central Florida Family Health Center, Inc.

407-322-8645

11881-A E. Colonial Dr. Orlando, FL 32826

Central Florida Family Health Center, Inc.

1. 407-322-5645

11881A E Colonial Dr Orlando, FL 32826

2. 407-322-8645

5449 S. Semoran Blvd., Suite 14 Orlando, FL 32822

3. 407-322-8645

5730 Lake Underhill Rd. Orlando, FL
32807

Pine Hills Family Health Center

Medical 407-905-8827

Dental 407-209-3304

Pharmacy 407-209-3303

1800 Mercy Drive Orlando, FL 32808

Grace Medical Home

407-936-2785

51 Pennsylvania Street Orlando, FL 32806

Services: Provides health care to those without insurance and also assists the uninsured attain insurance.

Florida Department of Health in Orange County

Accepts Medicaid and sliding scale

<http://orange.floridahealth.gov/>

South Side Health Center

407-858-1400

6101 Lake Ellenor Drive Orlando, FL 32809

Services: Wellness services for women, infants and children, family planning/prenatal health, and emergency operations.

Central Health Center

407-836-2600

832 W Central Blvd Orlando, FL 32805

Services: Clinical and nutrition services and Infectious disease services

East Side Health Center

407-858-1402

12050 East Colonial Drive Building A Orlando, FL 32826

Services: Clinical and nutritional services for women, children,

Hoffner Service Center

407-858-1400

5449 S Semoran Blvd Orlando, FL 32822

Services: Dental and clinical/nutritional services for women, children and infants

Lake Underhill Health Center

407-858-1494

5730 Lake Underhill Road Orlando, FL 32807

Services: Wellness services for women, infants and children and family planning/prenatal health.

Lila Mitchell Health Center

407-858-1487

5151 Raleigh Street Suite B Orlando, FL 32811

Services: Clinical and nutritional services including family planning and prenatal health.

Westside WIC

407-858-1494

6218 W. Colonial Drive Suite 232 Orlando, FL 32808

Services: Wellness services for women, children and infants.

FamilyWize

407-835-0900

http://www.hfuw.org/index.php?pr=Discount_Drug_Program

Services: Offers discounts on prescription drugs for the family.

No fee to sign up.

Grace Medical Home

407-936-2785

51 Pennsylvania Street Orlando, Florida 32806

http://gracemedicalhome.org/?page_id=2

Services: Provides check-ups, vaccinations, treatment of acute and chronic illnesses, laboratory services, x-ray capabilities, social services assistance, health education

Medicaid accepted and Sliding Scale fees.

Healthy Start

407-741-5240

600 Courtland Street, Orlando, FL 32804 Suite 565

Services: The Orange County Healthy Start Program offers medical and social services, education and referrals to pregnant women and infants in order to ensure healthy pregnancies and healthy babies.

Free Services.

Health Care Center for the Homeless

407-428-5751

232 North Orange Blossom Trail Orlando, Florida 32805

<http://www.hcch.org/>

Services: Provides primary care, mental health services, oral care, and substance abuse counseling for free, prescriptions can be filled at low cost or free if necessary at on site pharmacy.

Hispanic Health Initiatives, Inc.

407-339-2001

201 Live Oak Blvd., Casselberry, FL 32707

P.O. Box 1925, Casselberry, FL 32718

www.HHI2001.ORG

Services: Health literature, diabetes classes on control and prevention of chronic diseases, health

screening and referrals.

Referrals for free mammograms, free prostate cancer screenings, and free/low cost clinics.

Hope and Help Center

407-645-2577

1935 Woodcrest Drive Winter Park, FL 32792

www.hopeandhelp.org

Services: Medical Case management, free HIV/AIDS testing, counseling, food pantry, health insurance premium assistance, ongoing emergency food assistance, prescription expense assistance. Call or walk in to apply. Documents required: photo ID, SS card, proof of HIV status, and proof of income for food services. Individuals who are eligible are people diagnosed with HIV/AIDS in Orange, Osceola, and Seminole Counties.

Orange Blossom Family Health

Orange Blossom Trail

407-428-5751 (medical)

407-428-1672 (dental)

407-428-5751 ext. 351 (behavioral health)

232 N. Orange Blossom Trail Orlando, FL 32805

<http://www.orangeblossomfamilyhealth.org/>

Services: Primary and preventative medical care, oral health care services, behavioral health counseling, vision services, mobile medical services, mobile dental services, rapid HIV testing, on-site pharmacy, on-site lab, and street outreach.

Hours: 8am to 5pm

Orange Blossom Family Health at Community Food and Outreach Center

407-203-6856

150 W Michigan St. Orlando FL 32806

<http://www.orangeblossomfamilyhealth.org/>

Services: Primary and preventative medical care, behavioral health counseling, substance abuse counseling, rapid HIV testing, and an on-site lab

Hours: Monday and Wednesday 9am to 1pm

Orange Blossom Family Health at Community Hope Center

407-770-0430

2198 Four Winds Blvd. Kissimmee FL 34746

<http://www.orangeblossomfamilyhealth.org/>

Services: Primary and preventative medical care, behavioral health counseling, substance abuse counseling, rapid HIV testing, and an on-site lab

Hours: Monday thru Friday 8am to 5pm

West Office

407-428-5751

6001 Vineland Rd. Suite 112 Orlando FL

<http://www.orangeblossomfamilyhealth.org/>

Services: Primary and preventative medical care

Hours: Monday thru Friday 8am to 5pm

Medicaid and Medicare are both accepted and sliding scale.

Planned Parenthood of Greater Orlando

407-246- 1788

11500 University Blvd Suite B Orlando, Fl. 32817

www.pppo.org

Services: Reproductive health services for men, women and teens including birth control, sexually transmitted infection testing, HIV testing, well-woman exams, cervical cancer screenings and treatment, vasectomies, and medical and surgical abortions. We provide medically accurate, age-appropriate sexuality education for middle school, high school and college age groups. Our presentation topics include HIV/AIDS, birth control, abstinence, pregnancy prevention, healthy relationships and child abuse prevention.

Accepts the following insurance: Cigna, Greatwest HC, Humana, Medicaid: Healthease, Staywell, Sunshine State, and Wellcare, UMR (Darden employees) United Healthcare.

Turning Point of Central Florida

407-740-5655

2256 Winter Woods Boulevard Winter Park, FL 32792

<http://www.turningpointcfl.org/>

Services: Primary services include AIDS/HIV prevention counseling, HIV/AIDS testing, walk-in drug/alcohol testing, outpatient substance abuse treatment for adults, mental health assessment and evaluation and substance use disorder counseling.

Hours are 9am to 5pm Monday thru Thursday and 9am to 4:30pm on Friday.

Sliding Scale.

Shepard's Hope

Must arrive early, first come first come basis

Services: Medical care provided at no cost, vouchers for prescriptions.

407-876-6699

<http://shepherdshope.org/patients/>

Goldenrod Location:

Dr. Diebel Jr. Memorial Sheperd's Hope Health Center

Located at Centro Internacional de la Familia

2008 North Goldenrod Road Orlando, FL 32807

Hours: Mon-Thurs 6pm-9pm (registration begins at 4:30pm)

Downtown Orlando Location:

Located at Orange County Medical Clinic

101 South Westmoreland Drive Orlando, FL 32805

Hours: Mon-Thurs 6pm-9pm (registration begins at 5pm)

Ocoee Location:

Located at VISTA CLINICAL DIAGNOSTICS

10101 West Colonial Drive, Suite102 Ocoee, FL 34761

Hours: Tuesday-Thursdays 6pm to 9pm (registration begins at 4:30pm)

Housing and Shelter

Aspire Health Partners

3200 West Colonial Drive Orlando, FL 32805

407-251-2566

Anchor Program

<http://aspirehealthpartners.com/program-details/?program=38>

Services: ANCHOR provides transitional housing with case management and overlay services for chronically homeless adults who have co-occurring substance use and mental health disorders.

Clients must be in the Aspire Health system, Baker acted, have medication for a mental issue, and have a dependency program.

BETA Center

407-277-1942

4680 Lake Underhill Road Orlando, Florida 32807

<http://www.betacenter.org/>

Services: Provide transitional housing for pregnant women. Additional emergency services include emergency pantry, stocked with non-perishable foods, infant formula and diapers, children's clothes and baby equipment and furniture are available, based on donations.

Coalition for the Homeless of Central Florida

407-426-1250

639 West Central Boulevard Orlando, Florida 32801

<http://www.centralfloridahomeless.org/>

Services: Provides emergency and transitional housing for intact families, eligible individuals and families who show the ability to maintain a job and offers case management program to help women, children and families. Serves dinner at 6:30pm.

Coalition for the Homeless of Central Florida

Men's Service Center

407-426-1250

639 W. Central Blvd, Orlando, FL 32801

<http://centralfloridahomeless.org/>

Services: Emergency housing and transitional housing for men. Free meals are served starting at 7pm Monday thru Saturdays and 5pm on Sundays. Additional services include case management, veteran services, and educational opportunities through OCPS LifeStrides classroom, mental health counseling and hygiene and health supplies.

Coalition for the Homeless of Central Florida

Women's Residential and Counseling Center

407-425-2502

107 East Hillcrest Street Orlando, Florida 32801

<http://centralfloridahomeless.org/>

Services: In addition to receiving shelter and nutritious meals, homeless women will work with a case manager to build a budget and savings account, and to develop a plan for self-sufficient.

Covenant House

407-482-0404

5931 E Colonial Dr, Orlando, FL 32807

<http://www.covenanthousefl.org/>

Services: Emergency shelter for young parents and their babies through the Crisis Shelter Program and the Independent Living Track Program. Serves youth from 18-21 years of age. Transitional housing program known as Rights of Passage provides shelter to youth in Seminole, Orange, and Osceola County.

Christian Learning Center Fresh Start

407-425-2523

Downtown Office:

808 West Central Boulevard Orlando, FL 32805

http://www.christianservicecenter.org/what_we_do_subpage.php?id=7

Services: Short-term transitional housing for men 18 & older, room and board, three meals a day, recreation resources, internet access, unlimited lavatory and laundry usage and programming such as counseling, anger management and life skills training.

Financial aid provided to those who cannot afford these fees.

Family Promises of Great Orlando

407-951-8269

1000 Clay Street, Winter Park, Florida 32789

www.familypromiseorlando.org

Services: Family Promise of Greater Orlando (FPGO) is a nonprofit, interfaith hospitality network providing temporary assistance, hospitality, and case management for families with children experiencing homelessness. Family Promise of Greater Orlando provides shelter, meals, transportation, and supportive services for up to 90 days.

Habitat for Humanity of Greater Orlando

407-648-4567

<http://www.habitat-orlando.org/>

4116 Silver Star Rd, Silver Star Rd, Orlando, FL 32808

Services: Provides affordable housing in partnership with the working poor in Orange County. Must meet the following requirements: have a housing need, an ability to pay, demonstrate a willingness to partner, and owe less than 43% of your gross annual income in total debt.

Health Care Center for the Homeless

407-428-5751

232 N Orange Blossom Trail, Orlando, FL 32805

<http://www.hcch.org/main.htm>

Services: HUB housing assessments for homeless individuals or families living in their car or on the streets. Hours: Every Friday (except holidays) 9am to 12pm. First come, first serve basis. Documents to bring include: valid ID for all adults, Social Security Card for adults and Birth Certificates for children.

Harbor House of Central Florida

407-886-2856

Address is confidential. Call phone number for address

<https://www.harborhousefl.com/>

Services: Harbor House provides an emergency safe shelter, a 24 hour crises hotline, counseling services, and legal advocacy for domestic violence survivors and families.

Orlando Union Rescue Mission Men's Shelter

407-423-3596

410 W. Central Boulevard Orlando, FL 32801

www.ourm.org

Services: Intake starts at 2pm daily, 7 free nights of emergency shelter, every night after that \$6. First come first serve basis.

Orlando Union Rescue Women and Children's Shelter

407-423-2131

1525 W. Washington Street Orlando, FL 32805

Services: Transitional housing for women and children including basic living services including meals, laundry facilities and daycare.

Orlando Christian Service Center

407-425-2523

808 W. Central Boulevard Orlando, FL – 32808

<http://www.christianservicecenter.org>

Services: Food services for homeless and low-income persons in Orange County. Lunch served at 11:45am weekdays and 11am on Sundays. Other services include emergency assistance and relief to families and individuals. The Family and Emergency program provides food, rent/mortgage assistance, utility assistance, clothing, prescription medicines and transportation.

Pathways to Care

407-388-0245

430 Plumosa Avenue Casselberry, FL 32707

<http://www.cflcc.org/transitional/pathways>

Services: 40-bed, not-for-profit respite center dedicated to providing health, housing and hope to Central Florida's most vulnerable homeless men and women.

Salvation Army of Orlando

Men's Lodge and Emergency Shelter

407-423-8581 Ext 26480

624 Lexington Avenue Orlando, Florida 32804

Services: Offers both emergency shelter services and transitional programming in conjunction with both HUD and The Veteran's Administration.

Daily meals for everyone at 3:30pm.

Men's Shelter daily check-in is at 4:30pm.

Salvation Army of Orlando

Women's & Children's Shelter

407-423-8581 Ext 26480

400 West Colonial Drive Orlando, Florida 32804

Services: Provides a warm and safe environment to women and children in need of emergency shelter and women and children seeking to make the transition from homelessness to stable housing.

Daily check-in is at 4:30pm.

United Against Poverty

407-650-0774

150 W Michigan St, Orlando, FL 32806

<https://uporlando.org/>

Services: HUB housing assessment for homeless individuals and families who are living in their car or on the street. Hours: Every Friday (except Holidays) 1:30pm to 4pm. First come, first serve. Bring a valid ID for all adults, Social Security Cards for adults and Birth Certificates for children.

Wayne-Densch**407-599-3900**

100 Kingston Ct #102, Orlando, FL 32810

Services: Transitional housing for up to 2 years for men and women 18 years and older. Rent is \$25 per week for the first 4 weeks and \$75 per week for working adults. Individuals with social security benefits must pay 30% of their monthly income. Eligibility requirements: must have a source of income or social security benefits, must have ID and social security card, no history of violence or sexual abuse, must pass a drug test.

Mental Health

Aspire Health

No fee for intake screenings

Anchor Program

407-875-3700 ext. 4380

3200 West Colonial Drive Orlando, FL 32805

<https://aspirehealthpartners.com/programs-and-services/>

Services: provides residential services, therapy, case management, employment assistance, AA and NA meetings, recovery support and housing assistance for chronically homeless adults. ANCHOR serves individuals who have been referred through the Central Receiving Center, Detox, and Outpatient.

Kassab Plaza

<https://aspirehealthpartners.com/>

407-875-3700

434 W Kenney Blvd., Orlando FL 32810

Services: Psychiatric services and crisis intervention 24 hours a day, 7 days a week for individuals who meet Baker Act criteria.

Aspire Access/Assessment Center

407-875-3700 ext. 6186

1800 Mercy Drive 32808 Orlando FL, 32808

Services: screening services for both involuntary and voluntary clients. Screenings can include mental health or substance use issues.

Centaur

407-245-0014 ext.284

<https://aspirehealthpartners.com/program-details/?program=59>

106 West Columbia Street Orlando FL, 32806

Services: HIV and Hepatitis testing, mental health counseling, community referrals, education sessions and substance abusive assessment and counseling

Orange Outpatient Center

407-875-3700 ext. 6240

1800 Mercy Drive Orlando, FL 32808

Services: Individual and group counseling, family counseling, psycho-education, DUI services, life skills, experiential therapy, and mental health counseling.

Blue Horizon Eating Disorder Service

855-510-0978

1155 Louisiana Ave Suite 210 Winter Park, FL

<https://www.bluehorized.com/>

Services: include those related to eating disorders and related issues. Accept most private insurances and self-pay.

The Children's Home Society of Florida

321-397-3000

1485 S. Semoran Blvd., Suite 1448, Winter Park, FL 32792

<https://www.chsfl.org/>

Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems, psychiatrist on staff.

Medicaid accepted and a limited amount of services are available on a sliding fee scale, services may be arranged by calling tri-county office at 407-896-2323.

Community Counseling Center of Central Florida LLC

407-291-8009

P.O. Box 161585, Altamonte Springs, FL 32716-1585

www.ccccf.org

Services: Provides Individual, family and marital therapy serving adults and children.

Medicaid and TANF accepted; and financial assistance available.

Devereux Youth & Family Counseling Services

1-800-338-3738 x77130

6417 Christian Way, Orlando FL 32808

http://www.devereux.org/site/PageServer?pagename=fl_orlando_campus

Services: Intensive residential services for children and adolescents who suffer from emotional, behavioral and psychological problems. The campus offers three residential programs; the Statewide Inpatient Psychiatric Program (SIPP), Residential Group Care and the Residential Treatment Center.

Early Steps

1-800-654-4440

Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to

work with your family, other caregivers, and the team.

Medicaid accepted and financial assistance offered.

Everyone's Counseling Center

Call to set up appointment, Sliding Scale.

Services: Individual counseling, marital counseling, family counseling, group counseling, career & vocational testing.

Main Office

407-423-3327

1600 East Robinson St., Orlando, FL 32803

The Episcopal Church of St. John the Baptist

800-544-1817

1000 Bethune Dr, Orlando, FL 32805

Church of the Holy Spirit-Apopka

800-544-1817

601 S. Highland Ave., Apopka, FL 328703

St. Richard's-Winter Park

800-544-1817

5151 Lake Howell Rd., Winter Park, FL

<http://www.eccflorida.org/home.html>

Friends of Children and Families

407-273-8444

11875 High Tech Avenue, Suite 200 Orlando, FL

<https://friendsofchildrenandfamilies.org/>

Services: Outpatient counseling, foster care mentoring programs, providing behavioral health services to children and their family

Sliding Scale only.

HD Counseling

407-504-1869

www.hdcounseling.com/

612 E Colonial Drive Suite 390 Orlando, FL 32803

Services: Individual, family, group or couple's counseling. Specialized training and experience in the fields of compassion fatigue, career counseling, trauma, stress, pain management, mindfulness based techniques, and relationship counseling.

Medicaid accepted, sliding scale accepted, free counseling with referral from UCF Care Manager.

Human Services Associates

407-422-0880

1703 West Colonial Drive, Orlando, FL 32804

Services: Twelve week outpatient program with group and individual treatment

Fees based on sliding scale

Kinder Konsulting & Parents Too

407-657-6692

2479 Aloma Avenue Unit D Winter Park, FL 32792 To

make a referral: www.kinderkonsulting.com

Services: Provides Emotional, behavioral, and developmental through play therapy, psychological testing, behavioral therapy, psychiatry and more.

Medicaid and sliding scale payments accepted.

La Amistad Behavioral Health Services

407-647-0660

1650 Park Avenue North Maitland, Florida 32751

<http://lamistad.com/>

Services: Offers adolescent programs designed to work with behavioral health issues and educational needs, offers a residential or partial hospitalization. The adult program offers support and therapy for individuals with serious behavioral, emotional, social, or behavioral health problems. Programs can bridge the gap between inpatient and outpatient services for youths 12 to 17 and adults 18 and older who are in need of an intense structured program but do not require 24-hour care.

Assessment is free of charge, Private pay or major insurance with cover payment.

National Alliance on Mental Illness Greater Orlando (NAMIGO)

407-253-1900

237 Fernwood Blvd, Suite 101, Fern Park, FL 32730

www.namigo.org

Services: NAMI Greater Orlando provides support, education and resources to adults 18+ living with mental illness and their families. Support groups are led by trained peer facilitators and meet regularly in Maitland, Winter Park, SW Orlando, and Downtown (en Español). Classes provide valuable information on learning to live well with mental illness, supporting a loved one with mental illness, and navigating the mental health system.

All services are free-of-charge.

The Women and Children Residential Treatment Program

407-249-6560 ext. 226

8301 East Colonial Drive Orlando, FL 32817

Services: Counseling, case management, parenting education, mental health and medical assessment/treatment and referrals.

Accepts Medicaid, Private Pay, and Sliding Scale.

Resilience Counseling Center

407-977-4335

1000 Executive Drive Suite 7 Oviedo, FL 32765

<http://www.resilienceccc.com/>

Services: Substance abuse, individual or group counseling, free depression screenings, and anger management counseling

Free Consultations, Private Pay, Sliding Scale, Medicaid.

UCF Marriage & Family Research Institute

407-823-1748

28 Gemini Blvd. South East, Building 28, Orlando, FL 32826-3262

South Orlando

7200 Lake Ellenor Dr, Orlando, FL 32809

www.mfri.ucf.edu

Counseling services provided by licensed providers, or interns who are supervised by licensed providers. Couples and families can learn to communicate effectively, resolve conflict in a healthy manner, and build bonds in their relationships.

Free counseling for couples and families.

UCF Psychology Clinic

407-823-4348

<http://psychology.cos.ucf.edu/psychclinic/>

Hours: Monday-Fridays 8am-6pm Location: Psychology Building on Main Campus

Services Year-round services for children, adolescents, and adults in the Orlando area (Non-UCF Students), Individual, group, and family psychotherapy, as well as psychological assessment, Treatment for depression, anxiety/panic, posttraumatic stress, eating disorders, substance abuse, anger management, relationship/marital problems, and child behavioral and emotional problems

Sliding fee scale is used to determine the payment for services. Depending on income and family size, some clients receive treatment at no cost.

UCF Community Counseling Clinic

407-823-2052

UCF Campus College of Education, 192, Orlando, FL 32816-1250 Hours Vary,

Call for appointment

<http://education.ucf.edu/ccc/>

Services: Outpatient individual counseling – need a referral

Free of charge, however students must be referred to receive services.

White Picket Fence

407-622-0202

1345 Clay Street Winter Park, FL

<http://whitepicketfencecounselingcenter.com/>

Provides services for individuals dealing with eating disorders.

Victim Support Services

The Victim Service Center of Orange County Inc.

2111 E. Michigan St. Suite 210 Orlando, FL

Office number: 407-254-9415

Sexual Assault: 407-497-6701

<https://www.victimservicecenter.org/>

Services: Include crime victim services, sexual assault services, therapy and support services, and outreach and prevention services.

Food Pantry/Meals

Christian Service Center Daily Bread

407-425-2523

24 Glenn Lane Orlando, FL 32804

http://www.christianservicecenter.org/what_we_do_subpage.php?id=8

Services: The Christian Service Center's Daily Bread programs serves a meal at the following days and times: Monday through Friday: 12pm-1pm, Sunday: 11am-12pm.

Community Food and Outreach Center

407-650-0774

150 W Michigan St Orlando, FL 32806

Services: Emergency food pantry bags, Access site for Food Stamps, Cost Share Grocery Program.

Hours of operation: Monday through Saturday 9am to 6pm.

Human Crisis Center Food Pantry

407-521-7750

5514 Edgewater Dr. Orlando, FL 32810

<http://www.humancrisiscenter.org/>

Services: Food outlet that provides dry foods, canned foods, and fresh fruits and vegetables for those in need. Hours of operation are from Monday through Saturday 9am to 6pm.

Haven of Hope Ministries

407-298-2056

1310 West Colonial Drive Suite 25 – 26 Orlando Florida 32804

<http://www.cflhavenofhope.com/>

Services: Food pantry, clothing pantry, referral program, HIV medication drop off site Medication Program.

ICNA Relief Central Florida

407-930-7701

701 South Kirkman Road Suite, 713 Kirkman Commerce Center, Orlando, FL 32811

<https://www.icnarelief.org/wp/>

Services: Food pantry, open every Tues-Thur, Saturday, 9:30am – 4pm.

Jewish Family Services of Greater Orlando

407-644-7593

2100 Lee Road, Winter Park, FL 32789

<http://www.jfsorlando.org/>

Services: Emergency food pantry, bring photo ID. Hours Mon-Tue 8am-8pm, Wed-Thu 8am-6pm.

Loaves and Fishes

407-886-6005

206 East 8th Street Apopka, FL 32703

<http://www.loavesandfishesapopka.com/>

Services: Assistance with food, household items, and toiletries, and prescriptions.

Matthew's Hope

407-905-9500

1460 Daniels Road Winter Garden, FL 34787

<http://www.matthewshopeministries.org/>

Services: Matthew's Hope is a drop in center, on Tuesday 8:30AM - 5:30PM showers, haircut, laundry, camping resources, food, clothing are provided to those who are homeless. (First come first served basis).

Muslim Social Services

407-250-5822

1460 N Goldenrod Rd Orlando, Florida

<http://iscf.org/social-services-2>

Services: Food pantry and thrift store. Hours 10am-1pm, 2pm-4pm.

Prince of Peace (Lutheran Church)

407-277-3945

1515 S. Semoran Blvd. Orlando, Florida 32807

<http://www.poporlando.com/contact/>

Services: provides groceries to families in Orange County. Distribution occurs on the fourth Saturday of the month from 9:00 am to 12:00 pm.

Second Harvest Foodbank

407-295-1066

Immediate food assistance: **407-295-5009**

411 Mercy Drive, Orlando, FL 32805

<http://www.feedhopenow.org/site/PageServer?>

Services: distribute food out to six Central Florida counties: Brevard, Lake, Orange, Osceola, Seminole and Volusia. SNAP application assistance.

Straight Street Orlando Food Share

24 N Rosalind Avenue Orlando, FL 32801

<https://www.straightstorlando.com/>

Services: Various community organizations serve meals in the parking lot of St. George Greek

Orthodox Church at the following days and times:

- Sundays: 6pm-7:30 pm
- Mondays: 6pm-8pm
- Tuesdays: 6:30pm-8:30pm
- Wednesdays: 6:30pm-7:30pm (1st and 3rd Weds) 5:30pm-7:00pm (2nd 4th and 5th Weds)
- Thursdays: 5:30pm-7:30pm
- Fridays: 5:30pm-6:30pm
- Saturdays: 8am-10am (1st, 3rd & 5th Saturday) 11pm – 1pm (2nd & 4th Saturdays)
5pm-7pm (1st & 3rd Saturdays) 4pm-6pm (2nd Saturdays)

Agencies

Charity of Love

407-254-9449 Ext. 73639

445 West 13th Street, Building D. Apopka, FL 32703

<http://www.charityloveinc.org/>

Services: Assistance with electric service payments, gas service payments, SNAP, TANF, Medicaid, unemployment claims. *Bring photo ID.*

City of Orlando-Hispanic Office of Local Assistance (HOLA)

407-246-4310 or 407-254-4652

595 N. Primrose Drive Orlando, FL 32803

<http://www.cityoforlando.net/hola/>

Services: Puerto Rican Federal Affairs Administration (PRFAA) assistance, Affordable HealthCare assistance, SNAP (food stamp) assistance, computers, referrals and bilingual information about the City of Orlando's government services, community based organizations, jobs, education, medical services, and legal services. To make an appointment contact the numbers above. Population HOLA serves: non-English speakers and English speakers.

Community Legal Services of Mid-Florida

1-800-405-1417

122 E. Colonial Drive, Orlando, FL 32801

<https://clsmf.org/>

Services: Provides legal assistance and representation for clients experiencing medical emergencies, loss of job, poor financial planning, children rights, domestic violence, elder advocacy, divorce, mortgage scams, foreclosures, eviction, etc. Attorneys are also available to assist clients to receive government benefits and Medicaid, food assistance, social security, and unemployment compensation.

Career Conexions

407-531-1227

5784 S. Semoran Boulevard, Orlando, FL 32822

<http://careersourcecentralflorida.com/>

Services: Obtain GED or high school diploma, build workplace skills, connect with job and career coaching, access money to train for in-demand careers, find careers that match your interests, assistance to help create your resume and develop interview skills. For ages 16 to 24 year olds.

Department of Children and Families-Central Region

866-762-2237 (Toll Free)

6218 W Colonial Drive Suite 240 Orlando, FL 32808

<http://www.myflorida.com/accessflorida/>

Services: Provides financial assistance programs such as SNAP (Food Stamps), TANF (Temporary Assistance to Needy Families), and Institutional Care Program (ICP). Hours: Monday thru Friday 8am to 6pm. Recommend to apply online.

Heart of Florida United Way

407-839-4357

<http://www.hfuw.org/2-1-1-information-assistance-helpline/>

Services: local food banks and nutrition programs, emergency housing assistance, disaster relief, employment and education opportunities, veteran services, parent resources, health care information, and support/crises assistance for mental disorders.

Certified Information & Referral Specialists are available 24/7 and your phone call is free & confidential.

IDignity

407-792-1374

424 E. Central Blvd. #199 Orlando, FL 32801

<https://idignity.org/>

Services: Provides assistance in obtaining ID cards, licenses, birth certificates, Social Security cards, replacement immigration records and other documents.

Walk in- events are first-come, first-served.

Legal Aid Society of OCBA

407-841-8310 option 1

100 E Robinson St, Orlando, FL 32801 (main office)

Outreach offices are in Winter Park, Winter Garden, Washington Shores, East Orange and Apopka.

<http://legalaidocba.org/>

Services: Family law, housing law, consumer law, immigration and guardian and litem. Homeless Clinic walk in hours are from 1:30pm until 3pm at the main office. Assistance is a first come first served basis.

Low Income Home Energy Assistance Program (LIHEAP)

866-674-6327

<http://www.brevardfl.gov/HumanServices/CommunityResources/ActionAgency#q2>

Services: Federally-funded program that helps low-income households with their home energy bills.

Eligibility: elderly 60+, disabled, household with children under 5 years of age. Program offers assistance with home energy and crisis energy.

Lighthouse for the Blind

Lighthouse of Central Florida

407-898-2483

215 East New Hampshire Street Orlando FL 32804

Lighthouse Central Florida-Downtown Office

407-843-9140

2500 Kunze Ave Orlando, FL 32806

Services: Helping individuals that are blind or sight impaired, to get access to the resources and tools they need. Resources and tools can include early intervention, independent living skills, orientation and mobility training, access technology training, and braille instruction.

Mustard Seed of Central Florida

407-875-2040

12 Mustard Seed Lane Orlando, FL 32810

<http://mustardseedfla.org/>

Services: Clothing and furniture donations. Must make an appointment to receive furniture. Clothing program: clients can receive 3 Tops, 3 Bottoms, 1 Pair of Shoes, 3 Undergarment (bras, underwear, socks or pajamas), 1 Handbag or Backpack, Dress or suit counts as 1 top and 1 bottom. Clients may participate in the program 2x a month.

Bring photo ID, Social Security Cards or Birth Certificates for all minors.

Proyecto Somos Orlando

407-270-0597

6900 S. Orange Blossom Trail, Suite 200 Orlando, FL

<http://www.proyectosomosorlando.org/>

Services: Personalized case management, assistance with basic needs (food, housing, transportation), Mental health services, Individual group counseling, art therapy, support groups, legal assistance, LGBTQ+ groups and organizations, referrals (medical, educational, etc.) Population served: non-English speakers and English speakers.

Free of charge.

PFLAG

407-236-9177

www.pflagorlando.org

Services: Support groups for the LGBT+ community and their families.

Samaritan Resource Center

407-482-0600

9837 E. Colonial Drive Orlando, FL 32817-4206

<http://www.samaritanresourcecenter.org/>

Services: Hours 9am to 12pm noon Monday-Thursday. Assisting the underserved community to receive government benefits such as food stamps applications, Medicaid and Medicare applications, birth certificates and IDs, employment services and personal care services. Personal care services include showers, clothing, food pantry, or bus passes.

United against Poverty

407-650-0774

150 W Michigan St Orlando FL

Services: household assistance program that gives access to their grocery store, emergency food access, SNAP assistance, health care referrals, housing assistance, and computer access on site, domestic violence shelters referrals, on site job counseling, on site clinic, educational classes, life skills classes.

Zebra Coalition

407-228-1446, option 2

911 North Mills Avenue, Orlando, FL 32803

<http://www.zebrayouth.org/>

Services: Counseling, case management, transitional housing to support the LGBT+ community.