

# Osceola County

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## Resource Guide

University of Central Florida

## Health and Medical

### **Catholic Charities of Central Florida**

**407-648-1818**

1819 N Semoran Blvd Orlando FL, 32807

<http://cflcc.org/>

*St. Thomas Aquinas Free Medical Clinic*

**407-593-1256**

510 Brown Chapel Rd.St. Cloud FL, 32769

<http://cflcc.org/healthcare/>

Services: Emergency services include financial assistance, case management, referrals to area providers, food from the Semoran food pantry.

### **Central Florida Family Health Center**

**407-322-8645**

6101 Lake Ellenor Drive Orlando, FL 32809

[www.cffhc.org](http://www.cffhc.org)

Services: Primary care, immunizations for children, lab tests on site, pharmacy on site, behavioral health services.

*A sliding fee schedule is used based on the patient's income and size of family.*

### **Florida Department of Health in Osceola County**

*Accepts Medicaid and sliding scale*

<http://osceola.floridahealth.gov/>

*Osceola Community Health Services at Stadium Place*

**407-343-2050**

1501-1507 Bill Beck Blvd Kissimmee, FL 34744

Services: Primary care, pediatric services, maternity services, family services.

*Osceola Community Health Services at Poinciana*

**407-943-8600**

109 North Doverplum Ave Poinciana, FL 34758

Services: Primary care, pediatric services, maternity services, family services, dental care

*Osceola Community Health Services Intercession City*

**407-944-7190**

1703 Business Center lane Kissimmee, FL 34758

Services: Family services, dental care.

*Osceola Community Health at Buenaventura Lakes*

**407-343-2055**

2622 Simpson Rd. Kissimmee, FL 34741  
Services: Primary care, pediatric care, women's health.  
*Accepts Medicaid and Sliding Scale.*

## **FamilyWize**

**407-835-0900**

[http://www.hfuw.org/index.php?pr=Discount\\_Drug\\_Program](http://www.hfuw.org/index.php?pr=Discount_Drug_Program)

Services: Offers discounts on prescription drugs for the family.  
*No fee to sign up.*

## **JMJ Pregnancy Center**

**407-201-5085**

944 East Osceola Parkway Kissimmee, FL 34744

<http://jmjlifecenter.org/about/>

Services: Pregnancy Testing, Ultrasounds, Crisis Intervention, Adoption Information, Abstinence Information, MOPs Mentoring Program, Maternity Clothes, Baby Supplies, Baby Clothes, Baby Furniture, Formula & Baby food  
Abortion alternatives and information.  
*All services are free.*

## **Osceola County Christian Ministry Center – Clinic**

**407-944-9968**

700 Union St. Kissimmee, FL 34741

Services: Medical and dental services provided by volunteer physicians. Dates and hours vary, contact for information.  
*Services free of charge.*

## **Osceola Council on Aging**

**407-846-8532 x261**

700 Generation Point, Kissimmee, FL 34744

<http://www.osceolagenerations.org/>

Services: Provide acute and chronic, non-emergency healthcare for low-income and uninsured residents of Osceola County. Requirements: 18 years of age or older, be an Osceola County resident, not have any health insurance, meet the Federal Poverty Income Guidelines. Call to make an appointment.

## **Planned Parenthood of Greater Orlando**

**407-246-1788**

610 Oak Commons Blvd. Kissimmee, FL 34741

[www.ppggo.org](http://www.ppggo.org)

Services: Reproductive health services for men, women and teens including birth control, sexually transmitted infection testing, HIV testing, well-woman exams, cervical cancer screenings and treatment, vasectomies, and medical and surgical abortions. We provide medically accurate, age-appropriate sexuality education for middle school, high school and college age groups. Our presentation topics include HIV/AIDS, birth control, abstinence, pregnancy prevention, healthy relationships and child abuse prevention.

*Accepts the following insurance: Cigna, Greatwest HC, Humana,*

*Medicaid: Healthease, Staywell, Sunshine State, and Wellcare, UMR (Darden employees) United Healthcare.*

## Housing and Shelter

### **Aspire Health**

#### *HOME*

**407-932-0413**

924 Determination Way Kissimmee, FL 34741

<https://aspirehealthpartners.com/program-details/?program=37>

Services: Provides transitional housing (usually 6-12 months), intensive case management, and life skills training for single homeless mothers. Families participating in this program pay \$100 per month and are also required to put a portion of their earnings into savings.

Eligibility criteria: Must be a single mom with custody of all minor children, must be employed or employable, and must be strongly motivated to become self-sufficient. A family's stay at the campus is contingent on their participation in program activities and progress towards case plan goals.

### **Covenant House**

**407-482-0404**

<http://www.covenanthousefl.org>

Services: Emergency shelter for youth including young parents and their babies through the Crisis Shelter Program and the Independent Living Track Program. Transitional housing program. For ages 17-21.

### **First United Methodist Church of St. Cloud**

**407- 892-3128**

1000 Ohio Avenue St Cloud, FL 34769

<http://www.firstchurchstcloud.org/ministries/community-outreach-ministries/>

#### *Cold Night Shelter*

Services: First St Cloud becomes a Cold Night Shelter providing a warm place to sleep for the homeless of our community when temperatures drop below 40 degrees. This ministry not only provides a shelter for the night, but also showers, hot meals, blankets, coats, clothes, as well as prayer for those in need.

Service opportunities include overnight stay during cold nights, meal preparation, and donations.

## Mental Health

### **Ashlawn Consulting**

**407- 977-7943**

650 S. Central Avenue Ste. 1000, Oviedo, FL 32765 Hours:

Monday-Friday 9am-4pm

Services: Outpatient Psychiatry and Outpatient Counseling including Art Therapy, Individual, Family, and Marital.

*Accepts Medicaid and Medicare.*

### **Adapt Behavioral Services**

**407-928-0444**

3483 W. Vine St, Kissimmee, FL 34741

[www.Adapt-FL.com](http://www.Adapt-FL.com)

Services: In-home & in-school behavior analysis, skill training, parent training, individual counseling & family counseling.

*Medicaid and Medicaid waiver accepted, Private insurance, Sliding Scale.*

### **After Court Solutions**

**407-944-1155**

326 West Oak Street Kissimmee, FL 34741 [http://www.courtorderedflorida.com/classes/contact\\_us.html](http://www.courtorderedflorida.com/classes/contact_us.html)

Services: Family, individual, and group counseling for individuals with or without a court order.

*Medicaid accepted.*

### **Circle of Friends Services, Inc.**

**386-259-5413**

111 Monument Ave. Suite 513 Kissimmee, FL 34741

[www.cofsfl.org](http://www.cofsfl.org)

Services: Trauma-based counseling for mental health needs of children (0-18 years) and families in Central Florida.

*Medicaid accepted.*

## **The Children's Home Society of Florida**

**407-846-5220**

2653 Michigan Ave. Kissimmee, FL 34744

[www.chsfl.org](http://www.chsfl.org)

Services: Provides counseling for children, adults, and families in their offices, in homes, and in school settings and, by agreement, in the settings of other human service organizations, for all clinical problems, psychiatrist on staff. We bill Medicaid providers for most of our services, and a limited amount of services are available on a sliding fee scale.

*Medicaid accepted and a limited amount of services are available on a sliding fee scale, services may be arranged by calling tri-county office at **407-896-2323**.*

## **Community Counseling Center of Central Florida LLC**

**407-291-8009**

P.O. Box 161585, Altamonte Springs, FL 32716-1585

[www.ccccf.org](http://www.ccccf.org)

Services: Provides Individual, family and marital therapy serving adults and children.

*Medicaid and TANF accepted; and financial assistance available.*

## **Early Steps**

**1-800-654-4440**

Services: State wide program that provides Team Based Primary Services for children at risk of developing learning or emotional disabilities from birth to 36 months by maximizing each child's everyday natural learning opportunities, enhancing each child's development and participation in community life, providing each child with a consistent team for evaluation and services, giving families options in service decisions and encourages active partnerships, providing a primary service provider to work with your family, other caregivers, and the team.

*Medicaid accepted and financial assistance offered.*

## **Everyone's Counseling Center**

**800-544-1817**

2745 Canoe Creek Drive ST. Cloud, FL 34772

<http://www.eccflorida.org/st.-cloud.html>

Services: Individual counseling, marital counseling, family counseling, group counseling, career & vocational testing.

*Sliding Scale.*

## **Impower**

**407-931-2911**

222 Broadway Ave Suite 211, Kissimmee, FL 34741

[www.isifl.org](http://www.isifl.org)

Services: Provides outpatient services that include counseling and case management for adults and children.

*Medicaid and Medicare accepted, Sliding Scale rates.*

## **National Alliance on Mental Illness Greater Orlando (NAMIGO)**

**407-253-1900**

237 Fernwood Blvd, Suite 101, Fern Park, FL 32730

[www.namigo.org](http://www.namigo.org)

Services: NAMI Greater Orlando provides support, education and resources to adults 18+ living with mental illness and their families. Support groups are led by trained peer facilitators and meet regularly in Maitland, Winter Park, SW Orlando, and Downtown (en Español). Classes provide valuable information on learning to live well with mental illness, supporting a loved one with mental illness, and navigating the mental health system.

*All services are free-of-charge.*

## **PFLAG**

**407-236-9177**

[www.pflagorlando.org](http://www.pflagorlando.org)

Services: Support groups for the LGBT+ community and their families.

## **The Transition House**

**407-892-5700 x160 or x161**

3113 Innovation Drive St. Cloud, FL 34769

<http://www.thetransitionhouse.org/whoweare>

Services: Individual and group therapy sessions, psychiatric medication management and medically supervised *Suboxone*<sup>TM</sup> therapy for opioid dependence.

*Accepts Medicaid.*



## Food Pantry/Meals

### **A Place for Grace**

**407-556-3967**

1209 Florida Avenue, St. Cloud, FL 34769

<http://www.aplace4grace.com/>

Services: Case Management, meal program (meals every Thursday and Saturday at 6pm). Emergency food relief (provide bags of groceries and clothing to individuals).

### **Jewish Family Services of Greater Orlando**

**407-644-7593**

2100 Lee Road, Winter Park, FL 32789

<http://www.jfsorlando.org/>

Services: Emergency food pantry, bring photo ID. Hours Mon-Tue 8am-8pm, Wed-Thu 8am-6pm.

### **Second Harvest Foodbank**

**407-295-1066**

Immediate food assistance: **407-295-5009**

411 Mercy Drive, Orlando, FL 32805

<http://www.feedhopenow.org/site/PageServer?>

Services: distribute food out to six Central Florida counties: Brevard, Lake, Orange, Osceola, Seminole and Volusia. SNAP application assistance.

## Agencies

### Charity of Love

**407-254-9449 Ext. 73639**

445 West 13th Street, Building D. Apopka, FL 32703

<http://www.charityloveinc.org/>

Services: Assistance with electric service payments, gas service payments, SNAP, TANF, Medicaid, unemployment claims. Bring photo ID.

### Career Conexions

**407-705-1555**

1392 East Vine Street, Kissimmee, Florida 34744

<http://careersourcecentralflorida.com/>

Services: Obtain GED or high school diploma, build workplace skills, connect with job and career coaching, access money to train for in-demand careers, find careers that match your interests, assistance to help create your resume and develop interview skills. For ages 16 to 24 year olds.

### Community Legal Services of Mid-Florida

**407-847-0053**

800 North Main Street Kissimmee, FL 34744

<https://clsmf.org/>

Services: Provides legal assistance and representation for clients experiencing medical emergencies, loss of job, poor financial planning, children rights, domestic violence, elder advocacy, divorce, mortgage scams, foreclosures, eviction, etc. Attorneys are also available to assist clients to receive government benefits and Medicaid, food assistance, social security, and unemployment compensation.

### Department of Children and Families-Central Region

**866-762-2237 (Toll Free)**

6218 W Colonial Drive Suite 240 Orlando, FL 32808

<http://www.myflorida.com/accessflorida/>

Services: Provides financial assistance programs such as SNAP (Food Stamps), TANF (Temporary Assistance to Needy Families), and Institutional Care Program (ICP). Hours: Monday thru Friday 8am to 6pm. recommend to apply online.

## **Heart of Florida United Way**

**407-839-4357**

<http://www.hfuw.org/2-1-1-information-assistance-helpline/>

Services: local food banks and nutrition programs, emergency housing assistance, disaster relief, employment and education opportunities, veteran services, parent resources, health care information, and support/crises assistance for mental disorders.

*Certified Information & Referral Specialists are available 24/7 and your phone call is free & confidential.*

## **Low Income Home Energy Assistance Program (LIHEAP)**

**866-674-6327**

<http://www.brevardfl.gov/HumanServices/CommunityResources/ActionAgency#q2>

Services: Federally-funded program that helps low-income households with their home energy bills.

Eligibility: elderly 60+, disabled, household with children under 5. Program offers assistance with home energy and crisis energy.

## **Mustard Seed of Central Florida**

**407-875-2040**

12 Mustard Seed Lane Orlando, FL 32810

<http://mustardseedfla.org/>

Services: Clothing and furniture donations. Must make an appointment to receive furniture. Clothing program: clients can receive 3 Tops, 3 Bottoms, 1 Pair of Shoes, 3 Undergarment (bras, underwear, socks or pajamas), 1 Handbag or Backpack, Dress or suit counts as 1 top and 1 bottom. Clients may participate in the program 2x a month. Bring photo ID, Social Security Cards and Birth Certificates for all minors.